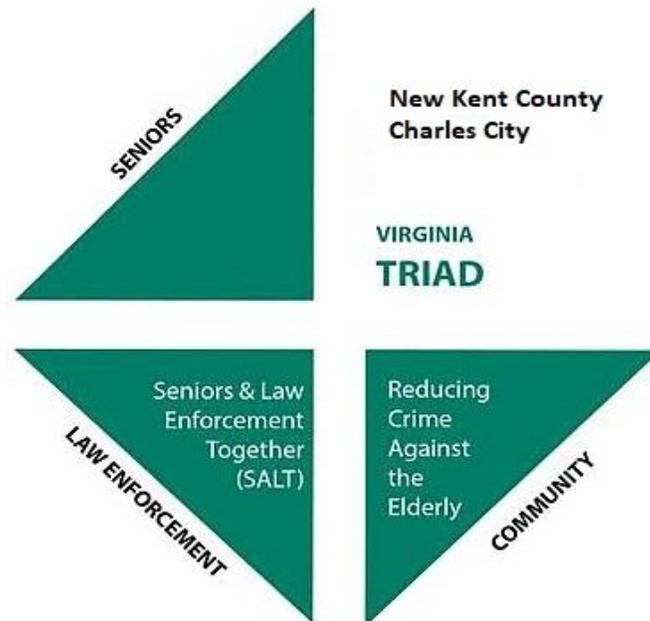


Chickahominy Area Triad Advisory Council Senior's Resource Directory



**Chickahominy Area TRIAD
P.O. Box 46
New Kent, VA 23124
(804) 966-9500**

INTRODUCTION

Triad is a national, state, and local program focused on reducing crimes against seniors through crime prevention education. In Virginia, Triad is sponsored by the Office of the Attorney General. The Chickahominy Area Triad is a partnership with the Charles City County and New Kent County Sheriff Offices and community seniors and other partners. The group provides information and education about programs, services, and systems that help prevent crimes against seniors and improve their quality of life.

The Chickahominy Area Triad was formed as a not-for-profit 501(c)(3) organization in April 2017 to serve the senior population residing in the Chickahominy Area, specifically the counties of New Kent and Charles City, Virginia. The goal of the Triad is to reduce the fear of crime and victimization among seniors by increasing their awareness of scams and frauds targeting them, strengthening communications between the law enforcement and senior communities, and educating seniors on local and state resources that are available in their community.



The Triad works closely with law enforcement leaders and seniors who serve as a sounding board, information channel and catalyst for renewing emphasis on reducing crimes against the elderly and assisting with identifying resources for our aging population.

This directory only identifies some of the resources and services commonly sought by our seniors and community newcomers. It is not all inclusive nor was that its intent. It was developed by the Chickahominy Area Triad to expand the awareness of seniors and to ensure that they understand their vulnerability to a wide range of fraudulent schemes and to identify key essential community services and resources.

It identifies some of the services available from various profit and non-profit agencies, churches, professional societies, private groups and voluntary programs. Agencies are

located primarily in the New Kent County and Charles City County, while some identified resources are located within the surrounding Greater Richmond Metropolitan area. Regardless of location, most services and resources are available to New Kent County and Charles City County residents.

This is the first edition of this directory. It will be updated periodically as needed. This directory contains the names, addresses, telephone numbers and websites of organizations that offer a variety of services and information. Although many resources are available throughout the Counties, those included in this resource directory are intended to be lead resources and serve as a point of reference. The Triad does not endorse any agency or resource identified herein. The Chickahominy Area Triad does not discriminate. It is committed to providing an inclusive and welcoming environment for area seniors and families.

NOTE: The Chickahominy Area Triad meets the 3rd Wednesday bi-monthly at 2:00PM. Feb, Apr, Jun, Aug, Oct and Dec at the New Kent Sheriff's Office, 11995 Courthouse Circle, New Kent, VA or at the Charles City Social Center, 8320 Ruthville Road, Charles City. Please join us. Meeting locations are subject to change.

NOTE: A special thanks to the Richmond United Way and to the New Kent County Department of Social Services for their contributions to this Triad Resource Directory. The agencies have published similar informational guides from which some of the information contained herein was extracted. The web links identified below identify additional community resources.

United Way

www.yourunitedway.org

<https://www.yourunitedway.org/wp-content/uploads/2017/07/Charles-City-County-Chesterfield-County-Goochland-County-Hanover-County-Henrico-County.pdf>

New Kent County

www.co.new-kent.va.us

<http://www.co.new-kent.va.us/documentcenter/view/710>

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ADULT DAY CARE CENTERS AND SERVICES

An adult day care center, also commonly known as adult day services, is a non-residential facility providing activities for elderly and/or handicapped individuals. Most centers operate 10 – 12 hours per day and provide meals, social/recreational outings, and general supervision.

<u>NAME</u>	<u>ADDRESS</u>	<u>PHONE NUMBER</u>
Adult Day Center of Central Virginia	5601 Hull Street Road Richmond, VA 23224	(804) 232-5030 Fax: (804) 232-9211
Alternative Day Care	7193 Brooking Way Mechanicsville, VA 23111	(804) 427-6966
Beth Sholom Adult Day Care Center	1600 John Rolfe Parkway Richmond, VA 23238	(804) 750-2183
Central Adult Day Health Care Service	1500 Semmes Ave Richmond, VA 23224	(804) 230-9042
Circle Center Adult Day Services	4900 W Marshall Street Richmond, VA 23230	(804) 355-5717
Hanover Adult Center, Inc.	7231 Stonewall Parkway Mechanicsville, VA 23111	(804) 746-0734
InnovAge PACE Virginia	1300 Mactavish Ave Richmond, VA 23230	(804) 977-5900 Fax: (804) 977-5938
Senior 1 st Choice Adult Day Care Center	3601 Dill Rd Richmond, VA 23223	(804) 551-4648
Senior Connections The Capital Area Agency on Aging www.seniorconnections-va.org	1300 Semmes Ave Richmond, VA 23224	(804) 343-3000 Toll Free: (800) 989-2286 Fax: (804) 649-2258
South Richmond Adult Day Care Center	1500 Hull Street Road Richmond, VA 23224	(804) 231-9306 Fax: (804) 231-5177
The Office of Aging Services of the Division for Community Living	1610 Forest Ave, Suite 100 Henrico, VA 23229	(804) 662-9333 Toll Free: (800) 552-3402 Fax: (804) 662-9345
VCUHS Adult Day Services Program	607 N. 10 th St Richmond, VA 23298	(804) 828-8027 (804) 828-5605
Virginia Department for Aging and Rehabilitative Services (DARS) https://www.vadars.org/	8004 Franklin Farm Drive Henrico, VA 23229	(804) 662-7000 TTY (800) 464-9950

NOTE: Senior Connections, has a Friendship Café in New Kent County. The New Kent Friendship Café is located at New Generation of Gods Children in Faith Church, 6160 Pocahontas Trail, Providence Forge, VA. The Café is open from 9:30 a.m. to 1:00 p.m. on Tuesday and Thursday. Senior Connections, The Capital Area Agency on Aging, also operates the Friendship Café at the Ruthville Gymnasium Complex located at 13100 The Glebe Lane, Charles City, VA.

AGING RESOURCES

There are many agencies devoted solely to concerns and issues of the aging population. Concerns range from health and well-being to the prevention of abuse and neglect. The websites listed below provide research, information, and resources for the older adult population and those serving older adults.

NAME	WEBSITE
AARP	www.aarp.org/states/va.html/
Adaptive Home Environments Quniton, VA 23141	www.adaptivehomeenviroments.com
Administration for Community Living	www.acl.gov
Age in Action Newsletter, Virginia Center on Aging at VCU	www.sahp.vcu.edu/vcoa/newsletter/index.html
Elder Justice Coalition	www.elderjusticecoalition.com
Medicare Assistance & Counseling, Inc.	www.medicarecounseling.org
National Adult Protective Services Association (NAPSA)	www.napsa-now-org
National Institute on Aging	www.nia.nih.gov
National Center on Elder Abuse	https://ncea.acl.gov
Peninsula Aging and Disability Resource Network	www.padrn.org
Senior Advocate	www.senioradvocateonline.com
Senior Connections The Capital Area Agency on Aging	www.seniorconnections-va.org
SeniorNavigator	www.virginianavigator.org
The Office for Aging Services of the Division for Community Living	www.vda.virginia.gov
Virginia Center for the Aging at VCU	www.vcu.edu/vcoa
Virginia Coalition for the Prevention of Elder Abuse (VCPEA)	www.vcpea.org
Virginia Easy Access	www.easyaccess.virginia.gov
Virginia Department for Aging and Rehabilitative Services	www.dars.virginia.gov

ALZHEIMER'S DISEASE AND DEMENTIA RESOURCES

NAME	ADDRESS	PHONE NUMBER
Alzheimer's Association www.alz.org	24hr Helpline	(804) 967-2580 (800) 272-3900
Alzheimer's Disease Education and Referral (ADEAR) Center www.nia.nih.gov		(800) 438-4380
Carefinder www.alz.org/carefinder/index.asp		(800) 272-3900
Children of Aging Parents www.caregiver.org/children-aging-parents		(800) 227-7294
Family Caregiver Alliance – National Center on Caregiving www.caregiver.org		(800) 445-8106
Virginia Family Caregiver Solution Center www.virginiafamilycaregiver.org		(804) 525-7728 (866) 393-0957

AREA CHURCHES

There are many churches serving New Kent County and Charles City County representing most denominations.

NEW KENT COUNTY CHURCHES

NAME	ADDRESS	PHONE NUMBER
Angel View Baptist Church	6911 Angel View Lane Lanexa, VA 23089	(804) 843-2570
Church of Jesus Christ of Latter Day Saints	6911 Pocahontas Trail Providence Forge, 23140	(757) 810-9533
Corinth Baptist Church	11650 New Kent Hwy New Kent, VA 23124	(804) 966-5635
Ebenezer Baptist Church	14410 Rockahock Road Lanexa, VA 23089	(804) 966-2345
Emmaus Baptist Church	6700 Emmaus Church Road Providence Forge, VA 23141	(804) 966-5238
The Fellowship Church	8463 Rumleys Lane Providence Forge, 23140	(804) 966-9713
Good Hope Church	5400 Good Hope Church Rd Lanexa, VA 23089	(757) 643-9809
Hopewell Baptist Church	5061 Hopewell Road New Kent, VA 23124	(804) 932-4906
Jehovah's Witness Providence Forge Congregation	Rt 60 and South Garden Rd Providence Forge, 23140	(804) 966-9813
Journey Christian Fellowship	2587 New Kent Hwy Quniton, VA 23141	(804) 932-8300
Kentwood Heights Baptist Church	2607 New Kent Hwy Quinton, VA 23141	(804) 932-5370
King of Glory Lutheran Church	9120 Pocahontas Trail Providence Forge, 23140	(804) 966-5525
Lebanon Baptist Church	5300 Hopewell Road New Kent, VA 23124	(804) 932-3094
Liberty Baptist Church	15810 Liberty Church Road Lanexa, VA 23089	(804) 966-2659
Mt. Calvary Baptist Church	5200 Mountcastle Road Providence Forge, VA 23140	(804) 966-5314
Mt. Nebo Baptist Church	5800 Mt. Nebo Road Barhamsville, VA 23011	(757) 566-2229
Mt. Olive Baptist Church	5501 Holly Fork Road Barhamsville, VA 23011	(757) 566-0134

Mt. Pleasant Baptist Church	4200 Mt. Pleasant Road Providence Forge, 23140	(804) 966-8687
New Covenant Community Church	2700 Pocahontas Trail Quinton, VA 23141	(804) 932-5383
New Elam Baptist Church	8101 Cumberland Road New Kent, VA 23124	(804) 966-5613
New Generation of God Children Faith Church	6160 Pocahontas Trail Providence Forge, VA 23140	(804) 966-8268
New Hope Community Church	6475 Parrish Road Providence Forge, VA 23140	(804) 932-3967
New Jerusalem Baptist Church	11089 New Kent Hwy New Kent, VA 23124	(804) 402-2284
New Kent Christian Center	9660 Tunstall Road New Kent, VA 23124	(804) 557-3323
New Life Baptist Church	8420 George W. Watkins Rd Quinton, VA 23141	(804) 932-9603
Pamunkey United Methodist Church	15700 Pamunkey Church Rd Lanexa, VA 23089	(757) 966-5935
Providence Forge Presbyterian Church	9310 Townsend Road Providence, VA 23140	(804) 966-2079
Providence United Methodist Church	4001 New Kent Why Quinton, VA 23141	(804) 932-4973
Rising Mount Zion Baptist Church	8500 New Kent Hwy New Kent, VA 23124	(804) 932-3394
St. Elizabeth Ann Seton Church	2631 Pocahontas Trail Quinton, VA 23141	(804) 932-4125
St Peter's Parish Church	8400 St Peters Lane New Kent, VA 23124	(804) 932-4846
Second Elam Baptist Church	15601 Cooks Mill Road Lanexa, 23089	(804) 966-7011
Second Liberty Baptist Church	8140 George W. Watkins Rd Quinton, VA 23141	(804) 932-4245
Tabernacle United Methodist Church	2001 Tabernacle Road Barhamsville, VA 23011	(757) 466-0659
The Fellowship Church	8463 Rumleys Lane Providence Forge, VA 23140	(804) 966-8268
Union Baptist Church	8468 South Quaker Road Quinton, VA 23141	(804) 932-3317
CHARLES CITY COUNTY CHURCHES		
Bethany Presbyterian Church	8101 Adkins Road Charles City, VA 23030	(804) 829-2619

Cedar Grove Baptist Church	5500 Adkins Road Providence Forge, VA 23140	(804) 966-5227
Charles City Community Church	104 Roxbury Industrial Ctr Charles City, VA 23030	(804) 966-7844
Gilfield Baptist Church	6640 Church Lane Charles City, VA 23030	(804) 829-5152
Jerusalem Baptist Church	14321 Sandy Point Road Charles City, VA 23030	(804) 829-5540
Liberty Baptist Church	8900 Liberty Church Lane Charles City, VA 23030	(804) 829-6001
Little Elam Baptist Church	8840 Church Lane Charles City, VA 23030	(804) 829-2053
Memorial United Methodist Church	11000 Courthouse Road Charles City, VA 23030	(804) 829-6411
Mt Pleasant Baptist Church	19300 The Glebe Lane Charles City, VA 23030	(804) 829-5015
Mt Zion Baptist Church	11600 Wilcox Neck Road Charles City, VA 23030	(804) 829-5034
New Vine Baptist Church	5100 John Tyler Memorial Hwy Charles City, VA 23030	(804) 829-2151
Parrish Hill Baptist Church	12401 John Tyler Memorial Charles City, VA 23030	(804) 829-2714
Peace Hill Christian Fellowship	18101 The Glebe Lane Charles City, VA 23030	(757) 903-9058
Samaria Church	8130 Cary Road Providence Forge, VA 23140	(804) 829-2280
St John Baptist Church	8131 Roxbury Road Charles City, VA 23030	(804) 829-2845
St Luke Baptist Church	7910 Plum Point Road Eltham, VA 23181	(804) 843-4266
Union Baptist Church	5801 Old Union Road Charles City, VA 23030	(804) 829-2926
Westover Church	6401 John Tyler Memorial Charles City, VA 23030	(804) 829-2488
Wing Love Outreach Ministry	4001 Old Union Road Charles City, VA 23030	(804) 795-2788

ASSISTED LIVING FACILITIES

Assisted Living Facilities (ALFs) are licensed by the Virginia Department of Social Services (VDSS), Division of Licensing Programs, to provide maintenance or care to four or more adults. ALF placement is appropriate when an adult is assessed to need assistance with activities of daily living (ADLs), instrumental activities of daily living (IADLs), administration of medication and/or supervision due to behavioral problems but does not require the level of care provided in a nursing facility.

NAME	ADDRESS	PHONE NUMBER
Clara's East Assisted Living Facility	800 West Nine Mile Road Highland Springs, VA 23074	(804) 737-7670
Covenant Woods	7090 Covenants Woods Drive Mechanicsville, VA 23111	(804) 559-8000
Ginter Hall South	11300 Mall Court Drive Richmond, VA 23235	(804) 794-7770
Good Neighbor Village, Inc.	8825 Buffin Road Richmond, VA 23231	(804) 795-9813
Heritage Green Assisted Living	7080 Brooks Farm Road Mechanicsville, VA 23111	(804) 746-7370
Love Unlimited, Inc.	708 West Washington Street Highland Springs, VA 23075	(804) 914-6116
Madison House	3212 Chamberlayne Ave Richmond, VA 23227	(804) 358-9300
New Vision Senior Living	Emmaus Church Road Providence Forge, VA 23140	(804) 557-3446
Rita's Heavenly Assisted Living	119 South Ivy Ave. Highland Springs, VA 23075	(804) 737-5916
Spring Arbor of Williamsburg	935 Capitol Landing Rd. Williamsburg, VA 23183	(757) 565-3583
Sunrise at Bon Air	2105 Cranbeck Road Richmond, VA 23235	(804) 560-7707
Tapp Family House	8106 Rural Point Road Mechanicsville, VA 23116	(804) 730-1380
The Crossings at Hanover	8227 Meadowbridge Road Mechanicsville, VA 23116	(804) 212-2110
The Haven Assisted Living at Cold Harbor	6367 Cold Harbor Road Mechanicsville, VA 23116	(804) 779-4847
Veterans Outreach	3009 Chamberlayne Ave Richmond, VA 23227	(804) 329-3712
YAMA Services, LLC	10046 Rinker Drive Mechanicsville, VA 23116	(804) 789-1158
Young @ Heart, LLC	9700 Old Church Road New Kent, VA 23124	(804) 385-0642

BEREAVEMENT RESOURCES

Grief is a multifaceted response to loss, particularly to the loss of someone or something that has died, to which a bond or affection was formed. Although conventionally focused on the emotional response to loss, it also has physical, cognitive, behavioral, social, spiritual, and philosophical dimensions. While the terms are often used interchangeably, bereavement refers to the state of loss, and grief is the reaction to loss.

NAME	ADDRESS	PHONE NUMBER
Bon Secours Bereavement Services	8580 Magellan Parkway Richmond, VA 23227	(804) 433-4710
Full Circle	10611 Patterson Ave, Ste 201 Richmond, VA 23238	(804) 912-2947
Hospice House & Support Care of Williamsburg	4445 Powhatan Parkway Williamsburg, VA 23188	(757) 253-1220

ESSENTIAL EMERGENCY & NON-EMERGENCY CONTACT NUMBERS

IF YOU HAVE AN EMERGENCY, PLEASE DIAL 911.

NAME	ADDRESS	PHONE NUMBER
Charles City Sheriff's Office	10780 Courthouse Road Charles City, VA 23030	(804) 829-9265
Charles City County Fire-Rescue Department Station #1	7100 Adkins Road Charles City, VA 23030	(804) 829-9228
Charles City Volunteer Fire- Rescue Station #2	106 Roxbury Industrial Center Charles City, VA 23030	(804) 966-7300
Charles City Volunteer Fire- Rescue Station#3	14330 Willcox Neck Road Charles City, VA 23030	(804) 829-9268
Charles City County – Animal Control	12001 Munford Road Providence Forge, VA 23140	(804) 829-9265
Charles City County – Health Department	7501 Adkins Road Charles City, VA 23030	(804) 829-2490
Charles City County – Voter Registration	10900 Courthouse Road Charles City, VA 23030	(804) 652-4606
Charles City County – Public Works	10900 Courthouse Road Charles City, VA 23030	(804) 652-4730
New Kent Sheriff's Office	11995 Courthouse Circle New Kent, VA 23124	(804) 966-9500
New Kent County Fire-Rescue Station #1	4315 N. Courthouse Road Providence Forge, VA 23140	(804) 966-5322
New Kent County Fire-Rescue Station #2	5251 New Kent Hwy Quniton, VA 23141	(804) 932-3866
New Kent County Fire-Rescue Station #3	16440 Eltham Road Lanexa, VA 23089	(804) 843-2012
New Kent County Fire-Rescue Station #4	15460 Pocahontas Trail Lanexa, 23089	(804) 966-8774
New Kent County – Animal Control	6301 Olivet Church Road Providence Forge, VA 23140	(804) 966-9500
New Kent County – Health Department	7911 Courthouse Way New Kent, VA 23124	(804) 966-9640
New Kent County – Voter Registration	7911 Courthouse Way New Kent, VA 23124	(804) 966-9699
New Kent County – Public Works	7051 Poindexter Road New Kent, VA 23124	(804) 966-9678
Virginia Poison Center	830 E. Main Street Richmond, VA 23219	(804) 828-9123

FOOD PANTRIES AND FOOD SOURCES (CHARITABLE)

NAME	ADDRESS	PHONE NUMBER
Liberty Baptist Church	15810 Liberty Church Drive Lanexa, VA 23089	(804) 966-2659
Meals on Wheels	1415 Rhoadmiller Street Richmond, VA 23220	(804) 673-5035
New Hope Pantry	6475 Parrish Road Providence Forge, VA 23140	(804) 932-3967
New Kent Senior Citizen Food Pantry	4375 Olivet Church Road Providence Forge, 23140	(804) 337-1031
Proclaiming Grace Outreach	20051 Tabernacle Road Barhamsville, VA 23011	(757) 741-5070
Providence United Methodist Church	4001 New Kent Hwy Quinton, VA 23141	(804) 932-4973

HOSPICE PROVIDERS

HOSPICE is a special concept of care designed to provide comfort and support to patients and their families when a life-limiting illness no longer responds to cure-oriented treatments.

NAME	ADDRESS	PHONE NUMBER
Asercare Hospice - Richmond	8001 Franklin Farms Drive Richmond, VA 23229	(804) 282-4364
At Home Care	2922 W. Marshall Street Richmond, VA 23230	(866) 497-2110
Bon Secours Community Hospice House	1133 Old Bon Air Road Richmond, VA 23235	(804) 309-3660
Bon Secours Hospice & Palliative Care	8580 Magellan Parkway #200 Richmond, VA	(804) 627-5360
Care Advantage	7239 Mechanicsville Turnpike Mechanicsville, VA 23111	(804) 730-1746
CareSouth Health System	413 Stuart Circle, Ste 120 Richmond, VA 23220	(804) 288-2111
Comfort Keepers	15441 Pocahontas Trail Lanexa, VA 23089	(804) 966-1997
Encompass Home Care & Hospice	100 Gateway Centre Parkway Suite #205A & 205B North Chesterfield, VA 23235	(804) 377-1188
Heartland Hospice	10800 Midlothian Turnpike Suite #300 Richmond, VA 23235	(804) 288-0235
Kindred Hospice	8000 Franklin Farms Drive Suite #100 Richmond, VA	(804) 290-4300
Hospice of Central Virginia	1700 Bayberry Court, Ste 300 Richmond, VA 23226	(804) 281-0451
Hospice of Virginia	2235 Staples Mill Road, Ste #100 Richmond, VA 23230	(804) 281-0451
Odyssey Hospice	404 Henry Street Williamsburg, VA 23185	(804) 259-2481
Riverside Convalescent Center	2960 Chelsea Road West Point, VA 23181	(804) 843-4323
Riverside Hospice Walter Reed	7358 Main Street Gloucester, VA 23061	(804) 693-1111

HOSPITALS

IF YOU HAVE AN EMERGENCY, PLEASE DIAL 911.

A hospital is a health care institution providing patient treatment with specialized medical and nursing staff and medical equipment. Hospitals provide for emergency services, inpatient care, and often, longer-term patient stays. Hospitals usually are distinguished from other types of medical facilities by their ability to admit and care for inpatients while other medical settings are often described as clinics.

NAME	ADDRESS	PHONE NUMBER
Bon Secours Memorial Regional Medical Ctr	8260 Atlee Road Mechanicsville, VA 23116	(804) 764-6000
Sentara Williamsburg Regional Medical Center	100 Sentara Circle Williamsburg, VA 23188	(757) 984-6000
Eastern State Hospital	4601 Ironbound Road Williamsburg, VA 23188	(757) 253-6161
Henrico Doctor's Hospital	1602 Skipwith Road Richmond, VA 23229	(804) 289-4500
VCU Health Hanover Medical Park	8222 Meadowbridge Road Mechanicsville, VA 23116	(804) 628-5432
Bon Secours St. Mary Hospital	5801 Bremono Road Richmond, VA 23226	(804) 287-7070
Retreat Doctor's Hospital	2621 Grove Ave Richmond, VA 23220	(804) 254-5100
Parham Doctor's Hospital	7700 East Parham Road Richmond, VA 23294	(804) 747-5600
Bon Secours Richmond Community Hospital	1500 N. 28 th Street Richmond, VA 23223	(804) 225-1700
Chippenham Hospital	7101 Jahnke Road Richmond, VA 23225	(804) 483-0000
VCU Medical Center	1250 Marshall Ave Richmond, VA 23223	(804) 828-9000
Hunter Holmes McGuire VA Medical Center	1201 Broad Rock Blvd Richmond, VA 23224	(804) 675-5000
Riverside Doctor's Hospital – Williamsburg	1500 Commonwealth Ave Williamsburg, VA 23185	(757) 585-2200

HOTLINE NUMBERS

NAME		PHONE NUMBER
Henrico Mental Health Charles City/New Kent residents	CRISIS HOTLINE	(804) 727-8484
Central Virginia Food Bank – FeedMore	HOTLINE	(804) 521-2500
Statewide Senior Legal Helpline	HELPLINE	(844) 802-5910
Virginia Dept of Social Services Adult Protective Services	HOTLINE	(888) 832-3858

ADULT PROTECTIVE SERVICES (APS)

Any person, including financial institutions, may report suspected abuse, neglect or exploitation to Adult Protective Services. If you or someone you know is being mistreated, contact your local department of social services and ask for an APS worker, or call the 24-hour, toll-free hotline number provided above.

PERSONS IN CRISIS (Mental Health Crisis)

In an **EMERGENCY**— Charles City/New Kent residents should call: 804-727-8484.

HOUSING AND HOME REPAIR PROGRAMS

ACCESSIBILITY

Under the Americans with Disabilities Act, every apartment community newly constructed in the last ten years must have physically accessible units and landlords must allow reasonable accommodations to be made. Sometimes simple modifications to the home where the individual currently lives may make it possible for him/her to remain at home. If you need more information about accessibility, call the Statewide Information and Referral System at 1-800-230-6977.

AFFORDABILITY

Finding an affordable place to live is important to everyone; however, individuals on fixed incomes often have difficulty finding such places. For more information on housing assistance programs, call Housing Opportunities Made Equal (HOME) at 1-804-354-0641 or the Virginia Housing Development Authority (VHDA) at 1-804-782-1986.

NAME	ADDRESS	PHONE NUMBER
The ADA Information Center for the Mid-Atlantic Region	451 Hungerford Drive, Ste 607 Rockville, MA 20850	(800) 949-4232 (301) 217-0124
Habitat for Humanity Peninsula & Greater Williamsburg (serving New Kent and Charles City Counties)		(800) 230-6977
Project: HOMES	88 Carnation Street Richmond, VA 23225	(804) 233-2827
Housing Opportunities Made Equal (HOME)	2201 West Broad Street Richmond, VA 23220	(804) 354-0641
Housing and Urban Development (HUD)	201 N. Union Street, Ste 200 Alexandria, VA 22314	(804) 771-2100 (800) 842-2610
Proclaiming Grace Outreach	20051 Tabernacle Road Barhamsville, VA 23011	(757) 741-5070
Virginia Division for the Aging	1600 Forest Ave, Ste 102 Richmond, VA 23229	(804) 662-9333 (800) 552-3402

KEY FEDERAL/STATE/COUNTY AGENCIES

NAME	ADDRESS	PHONE NUMBER
Social Security Administration	1100 West High Rise 6401 Security Blvd Baltimore, MD 21235	(800) 772-1213
Social Security Administration Office – Sandston, VA	245 E. Williamsburg Road Sandston, VA 23150	(866) 218-2307
Social Security Administration Office – Richmond, VA	1834 West Cary Street Richmond, VA 23220	(800) 772-1213
Center for Medicare and Medicaid Services (CMS)	7500 Security Blvd Baltimore, MD 21244	(800) 633-4227
Medicare	7500 Security Blvd Baltimore, MD 21244	(800) 633-4227
Report Medicare Fraud & Abuse		(800) 447-8477 (800) 633-4227
State Health Insurance Assistance Program (SHIPs) -- Virginia Contact	1610 Forest Ave Henrico, VA 23229	(800) 552-3402 (804) 662-9333 www.vda.virginia.gov
Senior Connections – Richmond Area Contact	24 E. Cary Street Richmond, VA 23219	(804) 343-3000
Senior Medicare Patrol – Virginia Contact	24 E. Cary Street Richmond, VA 23219	(800) 938-8885 (804) 644-5628
State Corporation Commission - Bureau of Insurance	1300 E. Main Street Richmond, VA 23219	(804) 371-1157
New Kent County Dept of Social Services	7911 Courthouse Way, Ste 100 New Kent, VA 23124	(804) 966-1853
Charles City County Dept of Social Services	10600 Courthouse Road Charles City, VA 23030	(804) 652-1708
Central Regional Office Dept of Social Services	1604 Santa Rosa Road, Ste 103 Richmond, VA 23229	(804) 622-9743
Virginia Department of Social Services – Home Office	801 E. Main Street Richmond, VA 23219	(804) 726-7000
Virginia Department for Aging and Rehabilitative Service (DARS)	8004 Franklin Farm Drive Henrico, VA 23229	(804) 662-7000
Virginia Dept for the Blind and Visual Impaired	397 Azalea Ave Richmond, VA 23227	(804) 371-3151 (800) 622-2155
Virginia State Police		(800) 552-0962
Better Business Bureau – Serving Central Virginia	720 Morefield Park Drive Richmond, VA 23236	(804) 648-0016

KEY TRIAD ADVOCATES/AGENCIES

NAME	ADDRESS	PHONE NUMBER
AARP	707 E. Main Street, Ste 910 Richmond, VA 23219	(804) 819-1902 Toll Free: (866) 542-8164
Charles City Sheriff's Office co.charles-city.va.us	10780 Courthouse Road Charles City, VA 23030	(804) 829-9265
Chickahominy Area Triad		(804) 966-9500
New Kent Sheriff's Office co.new.kent.va.us	11995 Courthouse Circle New Kent, VA 23124	(804) 966-9500
Office of the Attorney General Programs & Community Outreach seniors@oag.state.va.us	North Ninth Street Richmond, VA 23219	(804) 786-2071

LANDFILLS

NAME	ADDRESS	PHONE NUMBER
New Kent County Refuse Site	7050 Airport Road Quinton, VA 23141	(804) 932-8745
New Kent County Refuse Site	12400 Old Telegraph Road Lanexa, VA 23089	(804) 966-5203
New Kent County Refuse Site	6301 Olivet Church Road Providence Forge, VA 23140	(804) 966-2686
Charles City Landfill	11850 Munford Road Providence, Forge, VA 23140	(804) 829-6400
Charles City Landfill	8000 Chambers Road Charles City, VA 23030	(804) 966-7210
Holdcroft Convenience Center	11901 Wilcox Neck Road Charles City, VA 23030	(804) 829-6500
Old Landfill – Munford Convenience Center	1500 Munford Road Providence Forge, VA 23140	(804) 829-6400

LEGAL SERVICES

These programs provide a wide variety of legal services. Some provide legal services, and some provide general information regarding your legal rights. None of these should be considered as a substitute for personal legal counsel. Thank you to the Chesterfield Council on Aging for providing additional resource information.

NAME	ADDRESS	PHONE NUMBER
American Civil Liberties Union of Virginia	701 E. Franklin Street, Ste 1412	(804) 644-8022
Central Virginia Legal Aid Society	101 West Broad Street, Ste 101 Richmond, VA 23220	(800) 868-1012
Commonwealth Mediation Group, Inc	9100 Arboretum Parkway, Ste 190 Richmond, VA 23236	(804) 254-2664
Equal Employment Opportunity Commission	400 N. 8 th Street, Ste 350 Richmond, VA 23219	(804) 771-2200 (800) 669-4000
Statewide Senior Legal Helpline	HELPLINE	(844) 802-5910
Virginia Academy of Elder Law Attorneys	6045 Wilson Blvd Arlington, VA 22205	(757) 585-3989
Virginia Lawyer Referral Service	707 East Main Street, Ste 1500 Richmond, VA	(804) 775-0808 (800) 552-7977
Virginia Office for Protection and Advocacy disAbility Law Center of Virginia	1910 Byrd Ave., Ste 5 Richmond, VA 23230	(804) 225-2042 (800) 552-3962
Virginia Poverty Law Center	700 East Main Street, Ste 1410 Richmond, VA 23219	(804) 782-9430

LIBRARIES

Henrico County Public Library -- Sandston	23 E. Williamsburg Road Sandston, VA 23150	(804) 501-1990
Heritage Public Library	7791 Invicta Lane New Kent, VA 23124	(804) 966-2480
Heritage Public Library	10780 Courthouse Road Charles City, VA 23030	(804) 652-2450
Mechanicsville Library	7461 Sherwood Crossing Place Mechanicville, VA 23111	(804) 746-9615

PARKS & RECREATION

NAME	ADDRESS	PHONE NUMBER
Charles City County Parks & Recreation	8320 Ruthville Road Ruthville, VA 23147	(804) 652-1601
Conservation Park of Virginia	5100 Charles City Road Charles City, VA 23030	(804) 966-7313
Cumberland Marsh Natural Area Preserve	Southbank of Pamunkey River, New Kent, VA	(434) 295-6106
Diascund Reservoir Park	9545 Diascund Reservoir Rd Lanexa, VA 23089	(804) 259-5360
Hillside Park	10600 Courthouse Road Charles City, VA 23030	
Lawrence Lewis Jr., Park	12580 Wilcox Wharf Road Charles City, VA 23030	(804) 652-1601
Mt Zion Park	14330 Wilcox Park Charles City, VA 23030	
New Kent County Parks & Recreation	11809 New Kent Hwy New Kent, VA 23124	
Quinton Community Park	8131 N. Henpeck Road Quinton, VA 23141	(804) 966-8502
Wahrani Nature Trail	17485 Eltham Road Lanexa, VA 23089	(804) 966-8502
Woodbourne Kampground	6321 Hopewell Rd New Kent, VA 23124	(804) 932-3693

PHARMACIES

NAME	ADDRESS	PHONE NUMBER
CVS	7048 Mechanicsville Turnpike Mechanicsville, VA 23111	(804) 730-9498
CVS	8185 Atlee Road Mechanicsville, VA 23116	(804) 559-1303
Food Lion	7300 Market Place Drive Quinton, VA 23141	(804) 932-8807
Food Lion	2589 New Kent Hwy Quinton, VA 23141	(804) 932-3188
Kroger	6335 Mechanicsville Turnpike Mechanicsville, VA 23111	(804) 730-6832
Kroger	4816 Laburnum Ave. Richmond, VA 23231	(804) 222-0240
Kroger	9351 Atlee Road Mechanicsville, VA 23116	(804) 569-8240
Walgreens	2207 Pocahontas Trail Quinton, VA 23141	(804) 932-4336
Walgreens	9100 Pocahontas Trail Providence Forge, 23140	(804) 966-2151
Walmart	7430 Bell Creek Road Mechanicsville, VA 23111	(804) 730-8877

POST OFFICES

NAME	ADDRESS	PHONE
United States Postal Service New Kent	12101 New Kent Hwy New Kent, VA 23124	(804) 966-8777
United States Postal Service Providence Forge	3511 N. Courthouse Road Providence Forge, VA 23140	(804) 966-2389
United States Postal Service Lanexa	15545 Pocahontas Trail Lanexa, VA 23089	(804) 966-2534
United States Postal Service Charles City	10800 Courthouse Road Charles City, VA 23030	(804) 829-2432

SUPERMARKETS

NAME	ADDRESS	PHONE NUMBER
Adkins Store	9900 Lott Cary Road Charles City, VA 23030	(804) 829-2761
Food Lion	7300 Market Place Drive Quinton, VA 23141	(804) 932-8807
Food Lion	2589 New Kent Hwy Quinton, VA 23141	(804) 932-3188
Food Lion	9030 Pocahontas Trail Providence Forge, VA 23140	(804) 966-9419
G H Haupt & Sons, Inc.	11911 John Tyler Memorial Hwy Charles City, VA 23030	(804) 829-2418
Kroger	6335 Mechanicsville Turnpike Mechanicsville, VA 23111	(804) 730-6832
Kroger	4816 Laburnum Ave. Richmond, VA 23231	(804) 222-0240
Kroger	9351 Atlee Road Mechanicsville, VA 23116	(804) 569-8240
Sandy Point Superette	17701 John Tyler Meml Hwy Charles City, VA 23030	(804) 829-2593
Walmart	5001 Nine Mile Road Richmond, VA 23223	(804) 253-1528
Walmart	7430 Bell Creek Road Mechanicsville, VA 23111	(804) 730-8877

TRANSPORATION

NAME	ADDRESS	PHONE NUMBER
Bay Transit	7911 Courthouse Way New Kent, VA 23124	(804) 966-8743
Cornerstone Support Services	8921 Pocahontas Trail Providence Forge, VA 23140	(804) 932-3333

URGENT CARE FACILITIES

IF YOU HAVE AN EMERGENCY, PLEASE DIAL 911.

Non-emergency health care is available through local Urgent Care Facilities, doctor's offices, visiting physicians and medical centers.

Better Med Urgent Care-Mechanicsville	6296 Mechanicsville Turnpike, Mechanicsville, VA 23111	(804) 459-8300
Hanover Emergency Center	9275 Chamberlayne Road Mechanicsville, VA 23116	(804) 417-0300
MedExpress Urgent Care	4903 Nine Mile Road Richmond, VA 23223	
Patient First - Mechanicsville	7238 Mechanicsville Turnpike Mechanicville, VA 23111	(804) 559-9900
Richmond Urgent Care	1770 N. Parham Road Richmond, VA 23229	(804) 615-5060

VETERANS SERVICES

VA Veterans Crisis Line 1-800-273-8255 (Press 1)

IF YOU HAVE A MEDICAL EMERGENCY, DIAL 911

NAME	ADDRESS	PHONE NUMBER
Hunter Holmes McGuire VA Medical Center	1201 Broad Rock Blvd Richmond, VA 23249	(804) 675-5000
Office of the Attorney General of Virginia -- Military & Veterans Legal Resources	202 North 9 th Street Richmond, VA 23219	(804) 786-2071
Sitter-Barfoot Veterans Care Center	1601 Broad Rock Blvd Richmond, VA 23224	(804) 371-8000
Virginia Department of Veterans Services	900 E. Main Street 6 th Floor, West Wing Richmond, VA 23219	(804) 786-0286
Virginia Department of Veterans Service – Williamsburg Office	203 Ironbound Road College of William & Mary – Dillard Complex Williamsburg, VA 23185	(757) 221-1734

VETERINARY SERVICES

NAME	ADDRESS	PHONE NUMBER
All Creatures Animal Clinic	14700 Pocahontas Trail Lanexa, VA 23089	(804) 966-2767
Battlefield Veterinary Clinic	5550 Whiteside Road Sandston, VA 23150	(804) 737-9191
Chickahominy Animal Hospital	8250 Pocahontas Trail Providence Forge, VA 23140	(804) 966-4933
Lee-Davis Veterinary Hospital	6049 Mechanicsville Turnpike Mechanicsville, VA 23111	(804) 746-5902
Mechanicsville Animal Hospital	7044 Lee Park Road Mechanicsville, VA 23111	(804) 559-9800
Rutland Animal Hospital	9375 Atlee Road Mechanicsville, VA 23116	(804) 559-6502
Stay in the Country Pet Lodge and Training Center	2610 Shadewood Lane Charles City, VA 23030	(804) 795-9415
VCA New Kent Animal Hospital	2955 Pocahontas Trail Quinton, VA 23141	(804) 932-9170
Village Veterinary Hospital	10500 New Kent Hwy New Kent, VA 23124	(804) 966-5999

2-1-1 VIRGINIA

2-1-1 Virginia is a free service that can help you find additional local resources that you may need. This service is available 24 hours a day, seven days a week.

2-1-1 is an easy to remember phone number connecting people with free information on available community services. When you dial 2-1-1, a trained professional will listen to your situation and suggest sources of help using one of the largest databases of health and human services in Virginia. Nonprofit organizations and federal, state and local government agencies are included in the database and you can access services in your community and statewide.

If any information needs to added, corrected or deleted, please contact Danny Green at (540) 288-3114 or email: chickahominytriadsecy@gmail.com. This publication will be updated periodically.